



# NASHUA ATHLETICS



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TO: Board of Education  
FROM: Lisa Gingras, Director of Athletics  
DATE: April 9, 2021  
SUBJECT: Spring Athletics Update

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After about two weeks of pre-season spring practices our middle and high school student-athletes are ready to start their competitions on Monday, April 12, 2021.

After consulting with the Nashua Public Health Department and the Nashua School District Head Nurse we plan to make the following adjustments to our spring athletic protocols. Members of the Public Health Incidence Response Team have collaborated on and support the below changes.

## Mask-wearing

- Face masks will be worn at all times during practices and on the way to and from facilities.
- Face masks will be worn by coaches, team managers, event staff, and spectators at all times.
- During games, matches, and meets face masks will be worn by players not actively engaged in competition (while on the sideline, team bench, between track events, etc.).
- During games, matches, and meets players actively engaged in competitive play may choose to compete without wearing a face mask except as noted below. Players should be mindful of social distancing as much as possible while on the playing field, court, or track.
- Face masks will be worn by all student-athletes during competition when playing an opponent that requires wearing them in competition.
- Student-athletes will follow the NHIAA requirements regarding the wearing of face masks in tournament competition (end of May/early June). Currently, the NHIAA is requiring mask-wearing during tournaments but that will be revisited in early May.
- If Public Health sees a significant spike in any one sport area, mask use during competitive play will be revisited and could become mandated again.

## Spectators

- Four family members per rostered player and coach from both the home and visiting teams will be permitted to attend athletic events that take place in Nashua.
- This will include middle and high school events that take place at a school campus, a city field, Stellos Stadium, or Holman Stadium.

## Track Meets

- All lanes (6 at middle school and 8 at high school) may be used for meets and practices.
- Events that require students to stay in their lanes are often short and thus the 10-minute close contact guideline would not come into play.

Thank you.

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